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News Release

FOR IMMEDIATE RELEASE

National Organizations Celebrate Multiple Birth Awareness Month in Denver

(Franklin, Tenn. – Feb. 3, 2009) In support of the first annual Multiple Birth Awareness Month in April 2009, the National Organization of Mothers of Twins Clubs Inc. (NOMOTC), *TWINS™ Magazine* and The Fetal Hope Foundation are hosting the Multiples Family Festival in Denver on April 19. The festivities will be held at the Curtis Hotel and will include games for the children, multiples contests, refreshments, prizes and vendors showcasing multiples merchandise. In addition, the host organizations will share information about how attendees can support multiple birth families.

“We expect the event will be well attended by families with multiples although the festival is open to everyone,” says Misty Fry, NOMOTC president. “There will be resources available to them to learn more about how our organizations provide support to parents of multiples across the country. “

Ms. Fry explains that because multiple birth rates have doubled since the 1980s, more families are faced with issues and challenges that only pertain to raising two, three or more children at the same time. During the National Multiple Birth Awareness Month, the three organizations will use this opportunity to spread awareness about the issues that these families face including what to know when expecting multiples; Twin-to-Twin-Transfusion Syndrome (TTTS) and other fetal issues directly affecting multiple birth pregnancies; premature births and low birth weights; twins with special needs; the exceptional physical and bonding demands placed on parents and the separation of twins in classrooms.

The Denver event will also provide a forum for celebrating multiple births by providing a festival type atmosphere for the children in attendance.

The festival also falls on the last day of the Colorado Parents of Multiples Convention, “Sweets in the City,” a convention planned specifically for parents of multiple birth children. More information can be found at www.doubledelights.org.

During the event, *TWINS™ Magazine* is hosting a cover photo contest to give twins of all ages the opportunity to grace the cover of the magazine in 2009 at a professional photo shoot with a staff photographer. The Fetal Hope Foundation is also sponsoring a charity basketball game with the Harlem Ambassadors vs. Fetal Hope Slammers on Friday, April 18. Doors open at 6 p.m. at the Chatfield Senior High School in Littleton. Tickets range from \$7 to \$11 and can be purchased in advance. For more information visit www.fetalhope.org/charity-basketball-game.html.

Members of multiples clubs across the country are planning events throughout the month of April as they celebrate Multiple Birth Awareness Month in their local communities. To find out how clubs are celebrating visit www.nomotc.org/mba.

About NOMOTC: *The national support organization was founded in 1960 and is comprised of local chapters and individual members primarily concerned with education and research pertaining to multiple birth children - twins, triplets and higher-order multiples. NOMOTC, (www.nomotc.org), is headquartered in Franklin, Tenn. and serves more than 25,000 members with 400 clubs in 44 states across the country.*

About the Fetal Hope Foundation: *Headquartered in Denver, Colo., the Fetal Hope Foundation, (www.fetalhope.org), is a national nonprofit organization dedicated to research, funding and support for TTTS and other fetal syndromes affecting multiple birth pregnancies.*

About TWINS™ Magazine: *Since 1984, TWINS™ Magazine, (www.TwinsMagazine.com), is the international magazine specifically published for multiple birth families.*

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